FRANCES FURLONG, RGN BSC, QUALIFIED AS A REGISTERED ADULT NURSE IN 1999 FROM ST BARTHOLOMEW'S HOSPITAL, LONDON, SPECIALISING IN ACUTE MEDICINE AT THE ROYAL LONDON

Frances Furlong

BEFORE AND AFTER PHOTOBefore- a 55 year old woman
After -8 weeks later, following non surgi-

cal facelift



fter 3 years, Frances moved into laser ophthalmology and became nursing sister responsible for 3 clinics in the south of England. This inspired her to move into laser dermatology and aesthetics where she became a specialist in laser and light treatments, gaining her diploma in 2006. In 2004, with a keen interest in acne management and scar revision, she was awarded an honours degree in aesthetic medicine from the University of Greenwich.

Since 2005, Frances has written for national newspapers with her own weekly advice column 'Ask the Expert'. She has also written for numerous publications, such as Elle, Woman and Home, Top Sante, Aesthetic Medicine and Cosmetic News. In February of this year, she was asked to be a beauty judge for Instyle magazine and has made TV appearances on GMTV demonstrating the use of Mesotherapy. Frances was asked to speak at Professional Beauty this year where she presented her bespoke treatment, 'The 8 week non surgical face lift'. She qualified as an independent nurse prescriber from the University of Essex last year and is a member of The Royal College of Nurses.

Aesthetic by Frances Furlong offers all types of aesthetic treatments: muscle relaxing injections, dermal fillers for lips and lines, volumising fillers, face peels, dermal roller, mesotherapy for skin rejuvenation, cellulite and localised fat reduction, laser and intense pulsed light treatments. By offering patients a wide choice of treatments, you can be sure the right tailored made package can be made for all client needs.

Bespoke treatment, 8 week non surgical face lift, combines the best in facial enhancement and its results were spoken about by Frances in Professional Beauty Excel London where she was a guest speaker. With celebrities

mentioned in the press as being huge fans, such as Madonna and Cameron Diaz, it is a very sought after treatment. Typically patient age groups are 30-65 years.

The treatments are all given on the same day following the initial consultation process. It involves dermal filler, Radiesse®, being injected into the facial areas where there is loss of volume, typically the cheek areas and nose to mouth lines. Next, a personalised mesotherapy serum is applied to the face: this is used to boost collagen and make the skin brighter and fresher, help to resolve conditions such as uneven skin tone, brown marks on the skin, open pores and fine lines. The final step is a dermal roller treatment which is a fantastic way to boost collagen, repair scar tissue and rejuvenate the skin.

After treatment, patients return 8 weeks later for a follow up appointment: Radiesse® and the dermal roller treatment need this time to work fully. Further improvements can be seen even up to 12 weeks following treatment. The treatment takes around 1 hour 30 mins in total.

Another signature treatment is the tired eye treatment featured in Woman and Home Magazine. Many factors can cause the eyes to look tired: lack of sleep, pigmentation, diet, medical problems, ageing and dilated vessels. At the consultation, a full examination of the eyes will be given; if there is hollowing of the eye, a dermal filler may be needed. The treatment consists of 3-5 sessions given at 3-weekly intervals. A local anaesthetic is applied, then a mild exfoliation is given to the area and small amounts of products to help the problem are administered via a micro needle. The treatment time takes around 30 mins.

For more information on all the services provided or to book a free consultation please call 020 85000544