

MAGAZINE OF THE YEAR

womanandhome.com

# woman & home

FEBRUARY 2010 £3.50

Your  
**NEW**  
fashion  
ease

PERFECT-FIT  
JEANS  
CLASSICS  
TO LIVE IN  
SEXY HAIR  
EVERY DAY!

**WINNER TONIGHT**

A month of  
great eating  
**DELICIOUS**  
SUPPERS

w&h  
**DEALS**  
20% OFF AT SAKS  
25% OFF MURAD  
BEAUTY  
TREATMENTS  
PLUS FAB  
BOOK OFFER  
SUBJECT TO TERMS  
AND CONDITIONS

**EXCLUSIVE**

**LIZA TARBUCK**  
Don't pigeonhole  
me... I don't!

**SUPER  
CHARGE  
YOUR  
DIET!**

Lose 14LBS  
in 28 DAYS &  
target those  
problem areas

**WHAT  
NEXT...**  
Marriage  
after affairs  
*What would  
you do?*

*yes!* 2010  
Live Life In The Now

JUST ENJOY THE STAGE YOU ARE † BE HEALTHY  
HEAD-TO-TOE † ESCAPE FOR THAT WEEKEND BREAK!

