

## Clinical excellence with CPD

- Week 18: postoperative photos taken
- Week 26: photos with new hair and make-up (Figure 6).

### Case study three: mid face rejuvenation

This 48-year-old woman attended for an assessment and advice on how to look less tired and heavy around the under eye area (Figure 7).

She had been through recent personal stress and felt when she woke up in the mornings and looked in the mirror, despite having eight hours sleep a night, she looked tired and washed out.

On assessment it was observed and pointed out that she had a flat brow. Eyebrow shape and curve is a very important feminine trait, as it helps to frame the face and lift the brow. I therefore recommended muscle relaxing injections to the brow and lateral eyebrows as a non-surgical brow lift and crows feet to lift and open this space.

The patient was also losing volume from the apple of the cheek and this important curve in the malar region, when filled



Figure 7: Before

naturally, gives a youthful lift and smoothes out the skin. Muscle relaxing injections combined with dermal fillers give a much better result to this area. Also when we look at a person's face we should look into their eyes – 'the windows of our soul' – if we look tired, hooded, or have disproportions to our face then our eyes are drawn to the area of imbalance.

### Treatment plan

- Week one: photos taken, dermal fillers to



Figure 8: After

cheeks and muscle relaxing injections to non-surgical brow lift, crows feet

- Week three: review of both procedures
- Week five: postoperative photograph (Figure 8). [PD](#)



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