

CHANGING LIVES TREATING A GUMMY SMILE

This interesting case was completed recently by myself. The patient is actually my manager at Smile Design By Ash – Cheryl.

Cheryl had been conscious of her smile for a long time. She was unhappy with the fact that she had small teeth and an excessive amount of gums were showing when she smiled fully. Cheryl also had what is referred to as a narrow smile. This means that there was less support for the lips at the side of the mouth. Cheryl's desire was to have a fuller smile, with ideal sized teeth to suit her face. She also wanted a whiter smile, but also a natural appearance. So, we knew exactly what was required, and the journey began!



CHERYL BEFORE



GUMMY SMILE

The first step was to assess the mouth thoroughly. A detailed analysis was done

including Smile Analysis, impressions to make replica models of the teeth, and also taking of appropriate X-rays. I then had a thorough consultation with Cheryl so that I could review all her treatment options (including doing nothing), and the pros and cons of each treatment plan. After careful consideration, we decided to carry out a Smile Makeover for Cheryl. This included the following treatment: -

1. Laser gum lift to make the smile appear less gummy and also make the teeth appear larger
2. Lower teeth whitening with ZOOM, the Number 1 whitening system in the world
3. Ten upper porcelain veneers

PORCELAIN VENEERS

Porcelain veneers are thin facings of porcelain custom made in the dental laboratory. Once bonded to natural teeth, the veneers are strong and long lasting. The treatment begins by doing a diagnostic mock up. This involves using white filling material to artistically sculpt onto the teeth to simulate how a smile might look. This is invaluable as the patient gets an excellent preview of how the final result will be. The laboratory technician then makes wax ups which are a blueprint of the final smile.



CHERYL LOOKING AMAZING

Cheryl actually had all her treatment without any local anaesthetic injections! The reason for this is that her teeth had to be built out, which meant that the outer surfaces of the enamel had to be simply roughened slightly. Accurate records were taken, and a "trial smile" was created. This is when beautiful temporary veneers are fitted to the patient's teeth so that the patient has an even better idea of how the final smile will look.

Cheryl met my ceramist technician to match up the colours of the new porcelain veneers. These were intricately and artistically made by the technician. After a few weeks, the porcelain veneers were fitted. Cheryl was really delighted with the end result. To reduce the gumminess of her smile even further, Cheryl met Frances Furlong (a Facial Aesthetics and Skin expert). She had selective use of Botox above her upper lip to give her the ultimate smile. Cheryl has

also had dermabrasion and a facial peel by Frances.

The AFTER photo shows the increased confidence that Cheryl has following her Smile Makeover treatment. She has excellent oral hygiene and flosses her teeth to keep them healthy.

If you are concerned about your smile (no matter what cosmetic concerns you have), then feel free to contact our Practice on 020 85000544, or email us a picture if possible (our email address is care@smiledesignbyash.co.uk). We can then review the situation and guide you on what is the best treatment for you. Patients are welcome for a FREE INITIAL CONSULTATION at our state-of-the-art and welcoming practice. Readers should also look at our informative website www.smiledesignbyash.co.uk

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