

# DREAMING OF PERFECT SKIN

**N**urse Consultant Frances Furlong RGN BSc Hons Inp recently helped to change the lives of three lucky Dream Makeover Essex winners by restoring their beauty and confidence. Ash Parmar of Smile Design by Ash was the creator behind this amazing competition and transformed all of their smiles. Mr Pillal from Advanced Vision Laser Care restored their eyesight and allowed them to say goodbye to their glasses. In addition Mark Moutney, Karen Drew, Lisa Broughton and Aneliese Dean all added the finishing touches to their reveal night.

"Helping to address the problems each one of the winners had in terms of their skin and facial balance was a challenge in the short time that I had. As you can see, the results have been dramatic, proving that most individuals can enhance their skin quality, look younger, fresher and less tired".

## KEITH WELCH SKIN CARE PROGRAM



Keith felt his complexion looked dull, working outdoors meant that he had premature skin ageing and never used skin creams or skin protection

daily, I wanted to make Keith look fresher and give his skin a glow, however it was important that he still looked masculine, I devised the following skin care program over 3 months. Keith had muscle relaxing injections to upper face to relax and soften expression lines, Dermaroller treatments to tighten and firm the skin, Restylane dermal fillers to nose to mouth lines and daily skincare by Suisse Absolue.

**OFFER ONE**  
One area of muscle relaxing injection, Dermaroller on same day.  
£350 normally £475

## CAROLINE McKENNA SKIN CARE PROGRAM



Caroline suffered with Rosacea, an inflammatory skin disorder that causes broken capillaries, redness and flushing, she felt her skin tone was being spoilt.

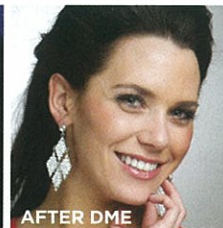
She also felt her lips were not well defined and losing their contour and border so lipstick would bleed. Also her eyebrows were quite flat and hers looked tired due to crows feet and she wanted a smoother chin too. Caroline had intense pulsed light treatments to help with broken veins and redness to her face. Glycolic peels to freshen the skin and close pores, muscle relaxing injections to crows feet and frown lines to open the eye area. Restylane dermal filler was also given to enhance and define her lips and smooth lines to chin and around the mouth area.



*Perfect Skin by Frances Furlong*

**OFFER TWO**  
Glycolic peel & 1ml of lip or facial filler on the same day.  
£300 normally £370

## ELEASHA NEWBERRY SKIN CARE PROGRAM



Being the youngest of the winners, Eleasha certainly did not need an intense anti ageing program, however she was beginning to

develop frown and forehead lines as this was her natural expression. She suffered with mild acne and had some scars that also affected her confidence. She also felt she would like fuller lips but wanted a natural look. She didn't have a good skin care regime and wanted help to control her oily acne-prone skin. Eleasha had muscle relaxing injections, Dermaroller and skin peels to help acne scars. Restylane dermal fillers to nose to mouth lines and lips, also to smooth and define lips and lower face.

**OFFER THREE**  
Dermaroller, glycolic and one area of muscle relaxing injections on same day.  
£400 normally £545

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