



and natural looking smiles!

Smile Design by Ash opened in Chigwell last year with state-of-the-art facilities providing the most comprehensive dental assessments and a service to match.

Ash says "We are creating history with our Dream Makeover Essex competition and want to know what people don't like about themselves and then do something about it."

#### PERFECT SKIN

Facial aesthetics and younger looking skin from Perfect Skin. Frances Furlong is an acknowledged leader in her field of expertise, a registered nurse consultant and independent nurse prescriber. Perfect skin has skin care clinics across Essex, London and Suffolk, offering cosmetic non-surgical face and body treatments and advice on skin health.

Frances specialises in skin complaints such as acne, scarring and rosacea, and understands how these conditions can affect self esteem.

Frances says "Skin problems can be a nightmare for men as well as women and it's my job to help them feel they can look their best. I want to hear from people who might have given up hope."

#### BODY PERFECT

Personal training and fitness from Body Perfect and Lisa Broughton, fully qualified REPS registered Personal Trainer and nutritionist. Fitness mad Lisa provides a friendly and encouraging personal and convenient service at home, workplace or outdoor. Qualified in the most up to-date fitness and exercise training systems, she will help to achieve truly amazing results. Lisa is also a strong believer in nutrition and how this should go hand in hand with fitness.

Lisa says "It's about looking good both inside and out so I will be helping the winners to focus on exercise, lifestyle and diet through a personally designed package."

#### MODE BEAUTY THERAPY

Beauty therapy and grooming from Mode Beauty Therapy. Owner Karen Drew opened the Salon in 1993 and has been in the beauty business for 30 years. The salon specialises in a range of skin care treatments including laser hair removal, anti-ageing treatments and electrolysis. It also offers a full range of facial, body and natural beauty therapies.

Karen says "Grooming and makeup are essential for good looks so I am looking forward to working with our winners to achieve great results."

#### ZOOLOGY HAIR STUDIO

Fabulous hair by Zoology Hair Studio, based in Wanstead and Loughton, a multi award-winning salon group, recognised as an industry leader for hairdressing, creativity, training and exceptional customer service. Company Director Mark Mountney has worked in the hairdressing industry for over 25 years and run his own business for 15 of them, building a formidable clientele.

Mark says "Hair is everyone's crowning glory but for many it's a real problem. We can't wait to get all the elements right for the winners. Tell us about yourself and why you should win."

#### ANELIESE DEANE

Fashion and clothes advice from Style Director Aneliese Deane a stylist and image consultant with over 20 years in the business. A former model, Aneliese was discovered as a teenager and later began styling models for ad campaigns. Her clients include many celebrities and she was a fashion and beauty journalist on a daily national paper.

Says Aneliese "We should never underestimate the power of image. I love makeovers and the difference I can make to my clients is often awesome. A dream makeover for 2013 - now that's a New Year's resolution."

All this is backed up with teeth whitening and a power toothbrush from Philips Oral Health Care.

Photography comes from Memorable Portraits an established family run studio where Azeem creates stunning memorable pictures.

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Entries close on 11th November

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