

# COSMETIC NURSES

Non-surgical cosmetic treatments continue to be a growth area and it is estimated that about 70 per cent are undertaken by nurses. The majority of nurses run their own practices while others may work with doctors or dentists. All are required to be registered with their professional organisation, the Nursing and Midwifery Council (NMC, [nmc-uk.org](http://nmc-uk.org)), and work to a code of conduct. Many are members of the British Association of Cosmetic Nurses (BACN, [cosmeticnurses.org](http://cosmeticnurses.org)) whose main aims are to provide guidance on best practice and facilitate professional development through

training facilities and via its annual conference.

There are a number of considerations when choosing a practitioner. Price is not necessarily a good indicator of the quality of the treatment offered: checking your nurse practitioner's qualifications, and how many years they have spent building up expertise in their field is the best (and safest) approach.

Liz Bardolph BSc RGN RM FRSPH INP  
President of the British Association of Cosmetic Nurses

## London and South-East England



### Bridget Bennett

**Qualifications:** Registered Nurse, BA, Post Graduate Diploma in Aesthetic Medicine.  
**Treatments offered:** Botox™, dermal fillers, skin rejuvenation with Dermaroller™.  
**Practice address:** The Treatment Rooms,

21 New Road, Brighton, BN1 1XA.

**Contact:** 01273 818444 or 07985 477 769.

**Websites:** [insideoutbeauty.co.uk](http://insideoutbeauty.co.uk), [thetreatmentrooms.com](http://thetreatmentrooms.com).



### Vanessa Biancardi

**Qualifications:** Registered Nurse.  
**Treatments offered:** muscle-relaxant injections (Botox™), dermal fillers, chemical peels and cosmeceuticals.  
**Practice address:** Mobile. Covering Surrey and

South-West London.

**Contact:** 07852 570 691 **Email:** [vanessa@vbaesthetics.co.uk](mailto:vanessa@vbaesthetics.co.uk).

**Website:** [vbaesthetics.co.uk](http://vbaesthetics.co.uk).



### Judi Critchard

**Qualifications:** Registered Nurse.  
**Treatments offered:** Dermaroller™, Botox™, dermal fillers, chemical peels.  
**Practice address:** Mr Paul E Banwell, FRCS(Plast), McIndoe Surgical Centre, Holtye Road, East

Grinstead, RH19 3EB.

**Practice address 2:** Nuffield Health Hospital Brighton, Warren Road, Woodingdean, Brighton, BN2 6DX.

**Contact:** 0845 2600 261. **Email:** [judi@paulebanwell.com](mailto:judi@paulebanwell.com).

**Website:** [paulebanwell.com](http://paulebanwell.com).



### Frances Furlong

**Qualifications:** Registered Nurse, BSc(Hons), Diploma in laser and light treatments,  
**Treatments offered:** Muscle-relaxing injections, fillers, non-surgical facelifts, mesotherapy, skin peels, laser and IPL treatments, microdermabrasion.

**Practice address:** Clinics in Essex, Suffolk and London (see website).

**Contact:** 07508 404 862. **Website:** [perfect-skin.co.uk](http://perfect-skin.co.uk).



### Vanessa Goodman

**Qualifications:** Registered Nurse, Nurse Prescriber.  
**Treatments offered:** Facial aesthetics pre-treatment advice, wrinkle-relaxing injections, facial dermal filling, lip enhancement and collapse contouring, midface and cheekbone enhancement, dermal roller, neck and hand

skin rejuvenation, body anti-ageing treatments, hyperhidrosis (excessive sweating) treatment.

**Practice address:** The Consulting Suite, 82 Portland Place, London W1B 1NS

**Contact:** 0207 927 6510. **Email:** [info@theconsultingsuite.co.uk](mailto:info@theconsultingsuite.co.uk).

**Website:** [vanessagoodman.co.uk](http://vanessagoodman.co.uk).



### Lily Hennighan

**Qualifications:** Registered Nurse, Nursing Advanced Diploma, Independent Nurse Prescriber, BSc (Hons).  
**Treatments offered:** Botox™, dermal fillers (Restylane™, Juvederm™, Radiesse™),

including lip and cheek enhancement, Dermaroller™.

**Practice address:** Lily Hennighan Clinics, 8 Heath View Close, London N2 0PY.

**Contact:** 07903 481 100.



### Jacqueline Holden

**Qualifications:** Registered Nurse, Independent Nurse Prescriber.  
**Treatments offered:** Botox™, dermal fillers, Sculptra™, Dermaroller™, Obagi and

Skin Ceuticals skincare, laser and IPL.

**Practice address:** 3 Tivoli Road, Brighton BN1 5BG.

**Contact:** 01273 707080 or 07850 309 465.

**Email:** [info@brightonbeautiful.co.uk](mailto:info@brightonbeautiful.co.uk).

**Website:** [brightonbeautiful.com](http://brightonbeautiful.com)



### Star Poling

**Qualifications:** Registered Nurse.  
**Treatments offered:** Wrinkle-relaxing injections, dermal fillers and lip enhancement, Dermaroller™, SkinCeuticals skincare, chemical peels and microdermabrasion.

**Practice address:** The Chapel, Chapel Place, Tunbridge Wells, TN1 1YQ.

**Practice address 2:** Palmeira Practice, 62 Palmeira Avenue, Hove, BN3 3GF.

**Contact:** 07967 628 922. **Email:** [star@dermafresh.co.uk](mailto:star@dermafresh.co.uk).

**Website:** [dermafresh.co.uk](http://dermafresh.co.uk).



### Anna Sekoto-Sacre

**Qualifications:** Registered Nurse, MFHT.  
**Treatments offered:** dermal fillers (Restylane™, Belotero™), skin peels (Easy TCA, Easy Phytic), Dermaroller™.

**Practice address:** Pure Hair & Beauty Ltd, 255 Chesterton Road, Cambridge CB4 1BG.

**Practice address 2:** Kingyo Therapy Suites Ltd, 37 Spring Street, London W2 1JA.

**Contact:** 07794 279 752. Tel/Fax 01438 249509.

**Email:** [info@capricornhealthgarden.co.uk](mailto:info@capricornhealthgarden.co.uk).