

Q MY LIPS get chapped in winter and look awful, so I have to wear lip balm instead of lipstick. Is there a product that will both moisturise them and add some colour?

CAROLINE Trowbridge, Wilts.



FRANCES SAYS: I like DDf lip protector Sp15, which protects and gives a glossy look, so any lipstick will sit on top nicely. A lip treatment by Restylane filler is a fantastic hydrator to the lips in the winter months. A small amount can be added without it looking like a full lip enhancement, which is perfect for these problems.

Q I'VE been trying to get fit at the gym and although it's working, I've also been considering liposuction. What are my options and how much am I likely to have to pay?

JANIS, Horsham



FRANCES SAYS: I would go for laser liposuction as you already go to the gym and this is great for smaller areas.

It is performed under local anaesthetic and takes about 2-3 hours. There is little downtime and patients often go back to work the day after.

The laser melts the fat and it takes your body up to three months to naturally excrete it. The price for one area is £1,800; two areas is £3,000.

I've had my skin checked by doctors but I still have red patches and marks on my skin. Is there any way I can get rid of this?

AMY, Harrogate



FRANCES SAYS: There are many treatments to help. Intense pulsed light treatments are great for targeting red veins, pigmentation and boosting collagen. Ideally, five treatments are usually required.

MELTING AWAY

Q I'VE been trying to get fit at the gym and although it's working, I've been considering liposuction to help me on my way. What are my options and how much am I likely to have to pay?

SARAH, Epping



FRANCES SAYS: I'd recommend laser liposuction as you already go to the gym. This is a great treatment for smaller

areas. The procedure is done under local anaesthetic and takes two to three hours.

The great thing is there is little downtime and patients often go back to work the day after. It works by using a laser to melt the fat and it takes your body up to three months to excrete it naturally.

Look at www.skinhealthspa.com for before and after pictures. Price for one area - £1,800; two areas £3,000.

Q I HAVE dark circles around my eyes which I disguise with make-up. But by the end of the day they show through. What causes them and how can I hide them all day?

CHARMIAN, Morpeth.



FRANCES SAYS: There are many possible causes. A blood test can reveal vitamin or mineral deficiencies. Some people have large blood vessels under the eye and these can be lessened by laser treatments.

Use a good eye cream such as DDf erase eye gel and protect your eyes from UV rays.

Q BLACKHEADS making my life misery. No matter I attack them, they coming back on me. How can I get rid for good?

SUSAN



FRANCES SAYS: Blackheads are a non-inflammatory

Yours must be rooted as you have experienced very persistent problem. I get fantastic using vit-a-peel microdermabrasion daily use with a formula sun protection. Normally six treatments are and maintenance necessary.



Robbie: TOO MANY TATTS

THE PROBLEM: Robbie, 34, wishes he didn't have so many tattoos. He says: "I like getting them done but I wish it was like an Etch-a-Sketch where I can wipe them all out and start again. It would be nice to have a pure, clean body."

THE SOLUTION: Frances Furlong, beauty expert and nurse, says: "Laser removal breaks apart the skin pigment which then scabs until after several sessions, the tattoo is removed. But no tattoo will go without some 'ghosting' so you can see where it once was."

"Black tattoos respond brilliantly to laser and light treatment, but yellowy pink ones don't respond at all. It's a long process - five to eight treatments. Some tattooists use acid peel remover, but it can leave an obvious block where you've had it removed and looks worse than the tattoo."