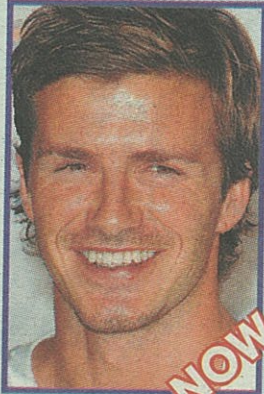
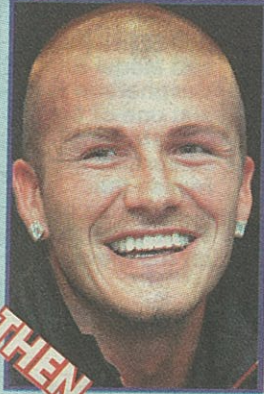


# CELEBRITY SURGERY

## SPY DAVID BECKHAM

IN pre-World Cup publicity shots England captain Becks, 30, has been looking good – the furrowed brow and lines around his eyes have disappeared. Is it just computer wizardry or has he had a little cosmetic help? Here's what our experts reckon...



### THE EXPERTS VERDICT

**MARY BURNEY**, director of clinical services at Transform Medical Group, the UK's largest cosmetic surgery group (0500 202020)

DAVID is a gorgeous-looking man and at 30 is young enough to look great without help.

He obviously leads a very healthy lifestyle with sensible eating and lots of exercise but as his income is also dependent on "Brand Beckham" he no doubt has regular facials and tanning sessions.

The tone and texture of his skin is great and this could be as a result of microdermabrasion treatments (from £55).

The lines on his forehead are present in both shots and he doesn't appear to have had anything done to them. He may have had some non-surgical filler such as Restylane or botox in his crow's feet as a preventative measure.

**FRANCES FURLONG**, nurse practitioner at City Skinklinic (0870 751 3870 or contact [www.cityskinklinic.co.uk](http://www.cityskinklinic.co.uk))

DAVID'S clear, glowing skin is evidence of the care he gives it.

He has a lot of outdoor exposure so his skin needs to be protected. This can be achieved by combining a high sun protection factor plus l'ascorbic (vitamin C) such as SkinCeuticals Vitamin C Serum.

David does not seem to suffer from enlarged pores – this may be due to regular microdermabrasion or glycolic fruit peels.

This also increases the effectiveness of home care products as the skin is more receptive with the dead skin cells removed.

He doesn't appear to have had any muscle relaxant injections such as botox or dermal fillers.

# SURGERY SPY

## RENEE ZELLWEGER

EXPERTS have warned that Renee Zellweger's yo-yo dieting could cause premature ageing. Yet the actress, 36, looks great. Has Renee had a little help? Here's what our experts reckon.

**FRANCES FURLONG**, nurse practitioner at City Skinklinic (0870 751 3870 or contact [www.cityskinklinic.co.uk](http://www.cityskinklinic.co.uk))

SEVERE dieting can contribute to premature ageing but this does not seem to have happened to Renee. In fact, in the latest picture her skin is flawless.

The broken veins and pigmentation on the nose, cheeks and forehead evident in the before picture are no longer there. This would suggest the use of Intense Pulsed Light (IPL) to clear the veins and pigmentation. The lower aspect of her eyes also look rejuvenated which is something IPL can do.

The improved "apple" of her cheeks can be created with a filler such as Perlane.



**MARY BURNEY**, director of clinical services at Transform Medical Group, the UK's largest cosmetic surgery group (0500 202020)

HER fabulous appearance could be the result of a variety of non-surgical treatments. On the most recent photograph, her upper lip looks plumper and this could have been

achieved with collagen injections.

She has few wrinkles. These could have been smoothed out with the use of Botox which would also account for the slight rise of the eyebrows. She may also have had a facial peel to smooth and even out the texture and tone of her skin and regular microdermabrasion.

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