

Pout

LUSCIOUS lips are the order of the day on planet showbiz and no self-respecting footie wife would want to be seen without a pout. Most of the girls remain tight-lipped over whether they've had surgical help, although many of the hottest looks are achieved thanks to injectable fillers.

The latest innovation is Restylane Lipp. This is derived from a new non-animal gel and is designed specifically to give a more natural looking fullness. It is designed to give longer lasting results and, unlike some treatments, it leaves lips naturally pliant – so you can carry on smiling, laughing, talking and kissing!

It is usually injected with an ultra-fine needle into the lip outline for improved definition, into the fleshy part of the lip for increased volume, or a combination of both.

Frances Furlong, 30, nurse practitioner at London's City Skinklinic, says: "Restylane Lipp is the new generation of filler. We've only recently started using it, but it's already clear that it gives a full but natural, less rigid looking result. It's ideal for that soft, pouty appearance that most women are looking for. Our clients have been very happy with the results."

The cost varies, depending on how much product is used (fillers are usually charged per syringe), but Restylane Lipp treatment costs from around £400 and is available nationwide. See www.Restylane.co.uk or www.cityskinklinic.co.uk for further details.

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CELEB SURGERY SPY



RACHEL HUNTER

IT'S no wonder gorgeous Rachel Hunter has been chosen to present another series of Make Me a Supermodel on Five. At 35, Rachel has kept her fresh-faced model looks and the body that most 25-year-old women would be proud of. But has she had a little help along the way? Her ample cleavage is certainly impressive, especially after two children. Over to our experts:

The Experts' verdict

FRANCES Furlong, nurse practitioner at City Skinklinic (0870 751 3870 or www.cityskinklinic.co.uk)

It would be interesting to see a different before picture which is less airbrushed and focuses more on her face!

However, the after picture clearly shows crows' feet at the corners of the eyes which could be softened by the use of muscle relaxing injections.

These are to be expected at Rachel's age together with the signs of sun damage on her décolletage.

For those in her age group, I like to focus on prevention before the signs of ageing set deep.

This would be achieved with a course of skin treatments such as photorejuvenation and skin peeling to boost collagen and to remove pigment and help with broken veins.

I also recommend homecare products, carefully chosen for each patient to maintain results and help prevent further damage.

Rachel has spent a lot of her life in countries with lots of sun so she has done well to keep her skin looking good.

She must, of course, remember to take care of the backs of her hands as these are often forgotten and sometimes can age more quickly than the face with sun exposure.

MARY BURNEY, clinical services director at Transform Medical Group, the UK's largest cosmetic surgery group (0500 202020)

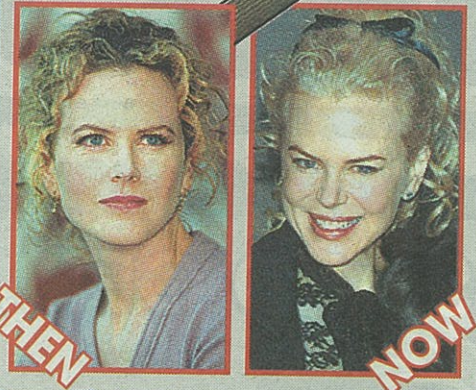
It really is difficult to tell from these photographs if Rachel has had any cosmetic surgery.

She is an attractive girl and her job as a model is to look great so she probably follows a strict diet and exercise regime. She may well have had some non-surgical work such as Botox to smooth out any wrinkles as she doesn't appear to have any lines on her forehead and perhaps a facial peel or microdermabrasion as her skin tone and texture is beautiful.

Rachel still has a full bust which is unusual in someone who is so slender and has had two children so she may have had a little help in the bust department.

Her breasts look high and pert so it may well be that she has had a breast enlargement although they do look natural. However her breasts seem to look different in different photographs so it's worth remembering that lots of photographs are digitally enhanced.

CELEB SURGERY SPY



NICOLE KIDMAN

BLUSHING Nicole Kidman made a radiant bride when she tied the knot with country singer Keith Urban, 38. But was the 39-year-old Aussie babe's wrinkle-free complexion, seemingly fuller pout and slightly fixed expression all down to finding true love, or had Nic had a little extra boost for her big day? Here's our expert opinions.

FRANCES Furlong, nurse practitioner at City Skinklinic (0870 751 3870 or www.cityskinklinic.co.uk)

NICOLE has beautiful flawless skin and, being so fair, she has obviously realised the importance of looking after it carefully and has included the use of a high SPF.

In the after picture, her skin looks far brighter and plumper which could indicate a combination of mesolift (injections of vitamins and nutrients) and IPL (Intense Pulsed Light) to boost collagen. Her forehead and eyes look very smooth, which could indicate the use of muscle relaxing injections.

Her lips in the after picture look more defined and plumper – this can be achieved with Restylane Lipp, a filler which gives a very natural look.

MARY BURNEY, clinical services director at Transform Medical Group, the UK's largest cosmetic surgery group (0500 202020)

NICOLE has naturally beautiful skin, however to maintain this youthful look approaching her 40s she has obviously protected it from the sun and other damaging factors. To achieve this look an SPF of at least 30 should be used daily, along with healthy eating and drinking two litres of water a day.

Even looking after your skin in this way you would expect some evidence of ageing at 39 but her line free forehead would suggest she has regular botox treatments and her perfect skin would suggest she attends a dermatologist for microdermabrasion.

This is a common route for ladies out of the first flush of youth as it offers a natural, healthy appearance. Nicole would appear to have taken the minimally invasive approach to ageing as opposed to the surgically enhanced look. She looks radiant and healthy.

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