



# PRICE LIST

## 2024-2025

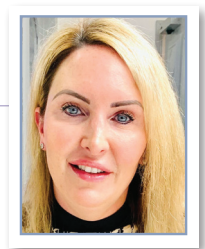


London - Essex - Suffolk



# About Frances Furlong

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## **Frances Furlong RGN Bsc Hons Independent Nurse Prescriber**

Frances trained as a Registered Adult Nurse in 1996 at St Bartholomew's Hospital London. Once qualified she worked in acute medicine at The Royal London Hospital for 3 years. She then moved into Laser Ophthalmology and gained a diploma in Medical Laser and Intense Pulsed Light treatments. She was the senior Nurse responsible for 3 surgical clinics in the south of England. After 4 years she became inspired to move into Laser Dermatology and Medical Aesthetics working in prestigious clinics in Harley St and Liverpool St.

In 2004 she was awarded an honours degree in Aesthetic Medicine and Dermatology from the University of Greenwich and became the registered manager for non-surgical and minor surgical treatments in the Liverpool St clinic.

Since 2005 Frances had written for national newspapers with her own weekly advice column 'ask the expert'. Also writing for Elle magazine, Woman and Home, Top Sante and appeared on GMTV demonstrating a bespoke mesotherapy technique. Furthermore she was a beauty judge for the InStyle magazine awards 2008-2014.

In April 2010 she became an Independent Nurse Prescriber and now works independently at Masters level. In March 2011 she developed her own company 'Perfect Skin' where she provides treatments in London, Essex and Suffolk.

In February 2011 she was asked to be a guest speaker at Professional Beauty Excel where she introduced her 8 week non-surgical face lift protocol.

Frances has been nominated twice for best mobile practitioner in the U.K. and was runner up on both occasions. She won the prestigious best Plexr treatment in the U.K. in 2017.

A proud member of the British Association of Cosmetic Nurses and an accredited practitioner with Save Face 'treatments you can trust'.

## **MISSION STATEMENT**

*"I provide my patients with a caring, professional, confidential and holistic approach when devising a treatment plan. My philosophy over the years is to commit to well researched and medically supported treatments. By regularly attending updates and conferences I am able to deliver the very best care. My approach to treating patients is to enhance beauty and restore confidence naturally, looking the best version of you is my primary aim."*

# Price List

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## CONSULTATION £50

Redeemable against treatments or skin care

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## PRIVATE PRESCRIPTION £50

### MUSCLE RELAXING INJECTIONS

1 area	£185
2 areas	£260
3 areas	£300
Additional areas	£50
Excessive sweating	£400

### DERMAL FILLERS

0.6 ml	£190
1 ml	£300
2 ml	£400
Radiesse stimulating filler	£400
Sculptra volumising filler	£350
Course of 3 Sculptra	£850

### SKIN BOOSTER FOR THE FACE

1 ml	£180
Course of 3	£470

### SKIN BOOSTERS FOR THE BODY

2 sessions	£600
Additional treatment	£250

### SKIN PEELING

Chemical peels	£85
Retinol peeling	£150

### MESOTHERAPY £100

Vitamin injection with anti ageing ingredients	
Course of 5	£400

### POLYNUCLEOTIDES

Polynucleotides are naturally occurring molecules that make up a significant part of our DNA. They serve as building blocks in the complex structure of our genetic code. In the world of aesthetics and regenerative medicine, PN are harnessed for their remarkable rejuvenating properties.

2 ml syringe	£300
Course of 3	£750

### SKIN NEEDLING OR DERMA PEN £300

Course of 3	£750
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### POWER BOOSTER FACIAL £360

Combines skin needling, skin booster and personalised peel

### NON SURGICAL EYE LIFT

Plexr plasma	£500
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### SKIN IMPERFECTIONS

Cryotherapy	£100 - £225
Diathermy	£80 - £150

### FAT DISSOLVING INJECTIONS

Per area	£300
Course of 3	£800

### LIGHT THERAPY

LED facial	£50
Course of 5	£200

# Treatments

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## MUSCLE RELAXING INJECTIONS

Muscle relaxing injections can help tackle the signs of ageing by reducing overactive facial muscles that pull and tug on the skin, this helps your skin look smoother and tighter. Over time the break your skin gets from the muscles continually moving, allows your skin to smooth out, giving you a fresher less tired look.

Sweating can be an embarrassing problem and ruins clothes, medical injections given to the site can reduce sweating for up to 6-8 months.

## DERMAL FILLERS

Dermal fillers are one of the most versatile skin treatments that can be used to smooth out lines around the mouth, sculpt your cheekbones, and much more.

Dermal fillers are long lasting and are used to lift and reshape your features while smoothing away wrinkles and lines, making your face look fresh and natural.

## LIQUID RHINOPLASTY

Liquid rhinoplasty is a series of small injections of dermal filler and in some cases muscle relaxing injections to lift the tip of the nose - a great option for patients that have isolated deformities such as a dorsal hump or minor asymmetries.

## LIQUID NON-SURGICAL FACELIFT

The 8 point facelift involves the injecting of dermal filler to a specific sequence of targeted areas of the mid-face. The result is to lift, contour and revitalise the whole mid and lower face by restoring loss of volume naturally - so you can look the more youthful less tired version of you. Furthermore you can isolate specific areas such as cheeks, nose to mouth lines, jaw line lift, corners of the mouth, chin or temple volumising.

## PLEXR PLASMA

Plexr plasma is the revolutionary non-surgical eyelift, can be used on upper, lower eyelids, crows feet and makes the eye skin area smoother and more lifted. It helps by lifting, shrinking and tightening the loose skin to these areas.

## FAT DISSOLVING AND SKIN TIGHTENING

This is a great combination of reducing localised fat pockets like the abdomen, saddlebags, back fat, tops of arms, thighs, knees and chin. Once dissolved a course of body skin boosters can help firm any loose skin.

## LIP FILLERS

Lip fillers can add volume for a fuller lip or replace any that has been lost over time for a more youthful look. The procedure involves injecting dermal filler into your lips to achieve a natural, subtle volume and shape.

Lip filler contour gives back your outline - known as the vermillion border, it stops lipstick bleed; reduces the appearance of smoker's lines and makes the lip shape more defined.



# Treatments

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## SKIN BOOSTERS

If you are worried about your skin becoming looser, more stretchy, dry, or wrinkly, then a course of skin boosters is the treatment for you. Fantastic for improving skin texture, reducing laxity and improving the 'snap-back' feeling of your skin. It has been acclaimed to restore the condition of your skin to how it looked 5-years ago.

## SKIN IMPERFECTIONS

Skin imperfections such as broken facial capillaries, skin tags, age spots, cherry angiomas, warts can all be easily remedied with either cryotherapy or diathermy.

## SKIN CONCERNS

Specific skin concerns can be assessed, with a variety of treatments including medical skin needling, skin peeling and derma pen, conditions such as acne, rosacea, pigmentation can be improved. Private prescriptions can be given where needed and a skin care regime can be advised at the consultation.

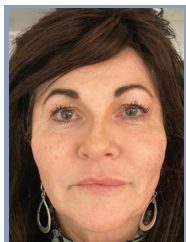


# Gallery

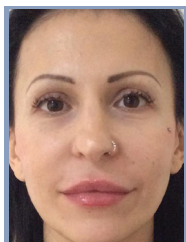
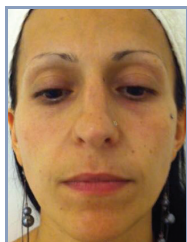
**Radiesse lifting and contouring filler**



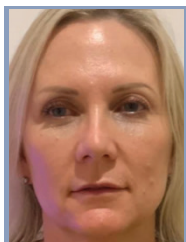
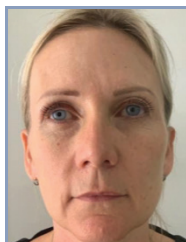
**Plexr plasma eye lift**



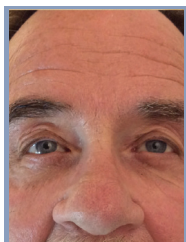
**Volumising cheek fillers, lip contouring and muscle relaxing injections**



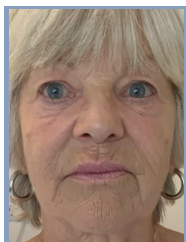
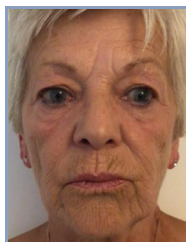
**Before and after course of 3 skin boosting sessions**



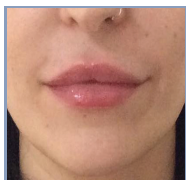
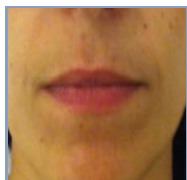
**Under eyes with Plexr (results won Plexr award 2017)**



**Before and after Dermal filler volume restoring**



**Lip enhancement**



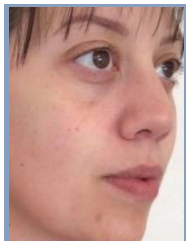
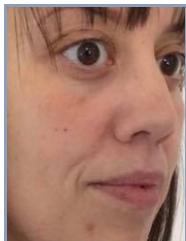
**Before and after fat dissolving-to chin**



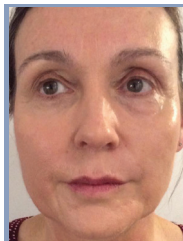
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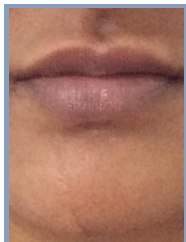
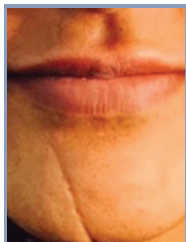
**Dermal fillers to mid and lower face**



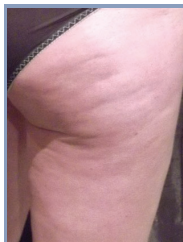
**Cheek and lower face volumising fillers**



**Dermal filler to scar and top lip**



**Skin needling and Mesotherapy to improve cellulite**



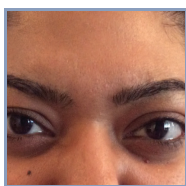
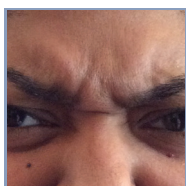
**Muscle relaxing injections and Dermal fillers**



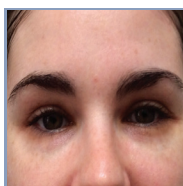
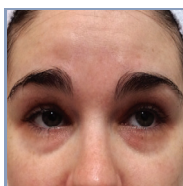
**Muscle relaxing injections to 3 areas**



**Muscle relaxing injections to frown area**



**Tired eye treatment**



# Our Clinics

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## THE BRENTWOOD CLINIC

7 Vaughan Williams Way  
Brentwood  
Essex  
CM14 5WL

**Tel: 07508 404862**

## CLARIDGES BEAUTY CLINIC

75 Wingletye Lane  
Hornchurch  
Essex  
RM11 3AT

**Tel: 07508 404862**

## THE RIDGEWAY CLINIC

15 Heathcote Grove  
Chingford  
London  
E4 6RZ

**Tel: 07508 404862**

## THE WHITE STUDIO

16 Tye Green  
Glemsford  
Suffolk  
CO10 7RH

**Tel: 07508 404862**



## TERMS AND CONDITIONS

### CANCELLATION POLICY

Whilst we are reluctant to charge for any cancelled or 'no show' appointments, this is having a detrimental impact on our services to clients who are on the cancellation list and who cannot be accommodated due to lack of notice/no notice being given to cancel.

As a result, if you fail to provide 24 hours notice to cancel your appointment there will be a £50 charge. If your appointment was a complimentary top up following dermal fillers or muscle relaxing injections you will lose this service.

If the £50 charge cannot be paid, one of your treatments may be deducted from your course if applicable.

For all appointments call Michelle on **07508 404862**

✉ [info@perfect-skin.co.uk](mailto:info@perfect-skin.co.uk)

🌐 [www.perfect-skin.co.uk](http://www.perfect-skin.co.uk)